

# Vitality Range

IMPROVE YOUR ENERGY AND WELLBEING



## Vitality Range

The cosmetics in our Vitality Range have been specially formulated to provide all the benefits of aromatherapy for general physical health and energetic well-being.

These products have been designed for optimum skin care, providing nutrition, hydration and protection, with pure essential oils that help to alleviate the discomfort of the musculoskeletal system, in both muscle fibers and bones, while restoring energy in periods of fatigue when vital energy is lacking.

The enveloping, long-lasting aromas of Rosemary, Lemon and Tea Tree, with Orange, Lavandin, Juniper and Palmarosa, among others, comprise the basis of the aromatherapeutic active principles used in the Vitality range. These are scents to energize the senses and stimulate vitality.

The range has a balanced general polarity of Yin-Yang, with a certain tendency to Yang.



#### Essential Oil Synergies

The essential oils of Rosemary, Lemon, Juniper, Tea Tree and Lavandin are just some of the pure natural essences used in the Vitality range's unique formulation of aromatherapeutic active ingredients. Scents to awaken the senses and enhance physical energy levels.



ROSEMARY ESSENTIAL OIL

Rosmarinus

This oil is from a native plant of the Mediterranean region: a traditional symbol of love and friendship, once used in the rites of Ancient Egypt. It is an effective ally when used to revitalize and energize body and mind. It is also an excellent stimulant - aiding microcirculation - and helping in the prevention of varicose veins. It promotes muscle tissue recovery and oxygenation.

In emotional terms, it stimulates the body's vital energy due to its biological links with solar energy. This makes it ideal for encouraging optimism, as it reconnects the soul with nature.



TEA TREE ESSENTIAL OIL Melaleuca Alternifolia

Linked to ancient legends and secrets, the Australian aborigines used this oil for millennia in traditional medicine due to its countless therapeutic properties. Its countless therapeutic uses make it a 'must-have' essential oil.

This oil is an excellent skin-protector, a disinfectant and a skin-tissue regenerator. It is highly useful in skin infections.

In emotional terms it stimulates, helping to counter states of general weakness



LEMON
ESSENTIAL OIL
Citrus Limon peel oil

This essential oil is extracted from the rind of the lemon. It may be used as a general antiseptic, however it is also an excellent natural deodorant and skin tonic that refreshes, detoxifies and cleanses. Lemon oil clarifies and evens skin tone, helping to eliminate smaller blemishes. It also has purifying and diuretic properties.

This oil is ideal for creating a fresh, clean environment: it relaxes, it encourages mental stimulation and helps provide serenity, balance and well-being.

#### VITALITY RANGE - SPAGYRIC PRODUCT





#### 1. ROSEMARY ALCOHOL.

The formula of this body tonic is based on an alchemical tincture of rosemary. Famed for its extraordinary toning and vitalizing properties, it is ideal for preparing the skin before body treatments, enhancing their effectiveness. Our spagyric production methods faithfully reproduce the ancient techniques applied in alcohol-based alchemical tinctures from the Middle Ages. This unique blend contains also essential oils of Rosemary, Lemon, Petitgrain, Myrrh and Frankincense. Artisan product: production is both numbered and limited.

TEXTURE: a hydro-alcoholic fluid that easy evaporates on skin contact, leaving it lightly perfumed.

BENEFITS AND EFFECTIVENESS: This body toner is excellent when it comes to preparing the skin before treatments. It is a powerful circulatory stimulant with anti-rheumatic properties, making it ideal for blood-flow issues like tired legs, or muscle and joint pain. In terms of energy benefits, it has balancing, activating and revitalizing properties that help combat both physical and mental fatigue.



## 2. QUEEN OF HUNGARY WATER. 200 ml.

A natural revitalizing body toner, a true elixir of beauty, inspired in the original formulaused by Queen Elizabeth of Hungary, who was once renowned throughout Europe for her enduring beauty. Made using spagyria - the ancient techniques of alcoholbased cosmetics made by alchemists in the Middle Ages. This technique has been handed down to give us wonderful plant tinctures from ancestral processes that respect astrological influences. This feminine fragrance contains essential oils of Bergamot, Petitgrain, Lemon, Rosemary, Lavandin, Incense, Clove and Myrrh.

TEXTURE: a hydro-alcoholic fluid that easy evaporates on skin contact, leaving it lightly perfumed.

BENEFITS AND EFFECTIVENESS: a natural body tonic with excellent therapeutic properties that rejuvenate and refresh the skin, enhancing the range of body products. Its potent antioxidant, revitalizing and toning powers, counter fluid retention, while it also acts as an effective anti-inflammatory - in emotional terms it adds an harmonizing sensation of serene vitality.



### 3. CHAMOMILE, ROSEMARY AND JUNIPER BODY OIL. 150 ml

This body provides deep-down skin moisturization with toning and vitalizing effects, aiding the activation of microcirculation in the epidermis. The calming and relaxing properties of this proprietary blend release muscle and joint tension, making it ideal for the treatment of chronic pain and many bone-related issues associated with aging.

TEXTURE: a hydro-alcoholic fluid that easy evaporates on skin contact, leaving it lightly perfumed.

BENEFITS AND EFFECTIVENESS: this oil's pure, natural ingredients provide restorative and healing properties for musculoskeletal problems while toning the body and helping to channel and open up energy flows. Our unique almond-oil based formula confers suppleness and smoothness when applied to the skin. Chamomile and Lavandin essential oils contribute with emotional calming, anti-inflammatory and analgesic actions. Juniper essential oil help eliminate fluid retention and inflammation in the joints. These properties are combined with the anti-rheumatic characteristics of Lemon essential oil, while Rosemary stimulates the circulation and the body's energy resources.



4. NATURAL FITNESS BODY OIL. 150 ml.

An ideal body oil for massage after physical activities, lending heat to muscles before exercise and relaxing them afterwards. This synergy of essential oils aids microcirculation, toning, decongestion and relaxation.

TEXTURE: a light, rapidly-penetrating, easy to use body oil. It leaves the skin soft and silky smooth after application.

BENEFITS AND EFFECTIVENESS: activates the microcirculation, while toning and hydrating the skin, lending a pleasant sensation of freshness and vitality.

The anti-inflammatory, soothing, restorative and circulatory properties of its essential oils favor muscle recovery, easing fatigue and soreness. An excellent ally for repairing micro-tears that lead to stiffness.



### 5. TEA TREE BODY OIL. 150 ml.

Made from the leaves of the Tea Tree, a plant, native to Australia that has been used by the Australian aborigines for millennia. It is renowned for its dermoprotective properties, as it rebalances sebaceous hypersecretion and regenerates and detoxifies, while acting as a deodorant.

TEXTURE: a light, rapidly-penetrating, easy to use body oil, leaving the skin soft and silky smooth after application.

BENEFITS AND EFFECTIVENESS: an ideal product for the treatment of oily or acne-prone skin, in addition to other dermatological problems, such as mild irritations, eczema, or psoriasis. Highly emollient, nourishing and hydrating.



### 6. TEA TREE BATH AND SHOWER GEL. 400 ml

This soothing oil with anti-irritant properties protects and hydrates even the most sensitive and delicate skins with its excellent moisturizing and calming effects.

Thyme and Lavender extracts, together with the essential oils of Tea Tree, Orange, Lemon, Palmarosa and Lavandín, provide soothing, bactericidal, antiseptic and disinfectant properties.

TEXTURE: a light, perfumed, foamy gel with excellent cleansing and regenerating properties.

BENEFITS AND EFFECTIVENESS: deeply cleanses the skin with a natural combination of mild surfactants. This essential aromatherapy blend helps to prevent skin conditions, such as mycosis, acne, eczema, and even psoriasis.



This wellness balm has been specially formulated to hydrate, nourish, tone and relieve tired legs. Rosemary, Cypress and Juniper oils are powerful activators for energy flow and circulation. Mint refreshes and invigorates, while. Lemon, Orange and Grapefruit together with Nutmeg, complete this tried and tested synergy of active ingredients for the comprehensive treatment of tired legs.

TEXTURE: a light, rapidly-penetrating, easy to use body oil that leaves the skin soft and silky smooth after application.

BENEFITS AND EFFECTIVENESS: lends hydration, nutrition and regeneration for complete skin care. This product has been designed to improve the energy flow and return proper circulation to the legs, while decongesting, calming and relaxing.

This treatment oil helps cleanse the lymphatic system, fighting edema and preventing the appearance of spider veins.



8. PURIFYING SAGE WATER.

A marvelous eau de toilette, with a subtle fragrance to harmonize the energies of the body and mind, integrating sensations of harmony and sensorial balance for complete well-being. Made with natural-source alcohol, Bulgarian Rose Water and Lavender Water, with a synergy of Lemon, Lavender, Sage and Frankincense essential oils for invigorating and calming sensations.

TEXTURE: a hydro-alcoholic fluid that easy evaporates on skin contact, leaving it lightly perfumed.

BENEFITS AND EFFECTIVENESS: gently spray this purifying water in a fine mist to reap the most of its relieving and decongesting effects.

Ideal for aromatizing rooms, purifying the environment and creating an atmosphere of cleanliness. In emotional terms, it creates feelings of stability and self-confidence, with an invigorating, refreshing and mentally-clarifying effect.



VITALITY RANGE - ENERGY AND WELLBEING

### 9. ENERGETIC ESSENTIAL OIL BLEND, 10 ml

This blend is an active synergy that detoxifies, revitalizes and stimulates. It also provides strength and vitality to help you start the day with energy and zest. Use as a diffuser or applied to the skin (Always use diluted in a carrier base).



### 10. FRESH ESSENTIAL OIL BLEND. 10 ml

This essential oil blend has a soothing effect on the respiratory tract, providing sensations of lightness and decongestion. Ideal in times of colds and chills, to both prevent and relieve symptoms.

This blend helps to purify the air, leaving a feeling of freshness and well-being.

Use as a diffuser or applied to the skin (Always use diluted in a carrier base).



#### 11. WELLNESS BOX

The WELLNESS ALQVIMIA EXPERIENCE BOX has been designed to that you can enjoy 4 ALQVIMIA products for everyday well-being in a single and exclusive kit.

Recyclable non-plasticized black cardboard box.



#### SALON TREATMENT

Our Therapeutic and Sports Massage Treatment and Comfort Legs Therapeutic Massages help relax and ease both body and mind, while alleviating tension and congestion. Find out more at our Alqvimia stores, or at any authorized Alqvimia spa or beauty center.

# NATURE REVEALS ITS SECRETS AND OFFERS ITS GIFTS TO THOSE WHO RESPECT IT

*Idili Lizcano* founder of ALQVIMIA