



HEALTHY CHOICES FOR EVERYDAY LIFE

KETO - LOWER CARB - GLUTEN FREE - SUGAR FREE
HIGH PROTEIN - COLLAGEN BOOST



29% PROTEIN FLATBREADS

WRAP YOUR PROTEIN YOUR WAY



Protein Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Bread) 60g		
	Per Serving	% Daily Value*
Energy	215 kcal	11 %
Protein	17.2 g	34 %
Total Fat	9.6 g	14 %
Saturated Fat	2.0 g	10 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Carbohydrate	14.5 g	6 %
Dietary Fiber	3.0 g	11 %
Total Sugars	2.6 g	
Includes Added Sugars	1.2 g	2 %
Polyols	2.6 g	
Sodium	135 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Flatbreads Garlic & Parsley

Lower Carbs | 17g protein per Wrap | 29% Protein



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft RF Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS		BY SEA CONTAINERS		BY SEA CONTAINERS		By Road Truck	
1	Protein Flatbread	Garlic & Parsley	240g x 6 packs /Ctn	255 * 195 * 140	384	9400	8064	360	3900	3240	384	9216

Protein Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Bread) 60g		
	Per Serving	% Daily Value*
Energy	214 kcal	11 %
Protein	17.3 g	35 %
Total Fat	9.6 g	14 %
Saturated Fat	2.1 g	11 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Carbohydrate	14.1 g	5 %
Dietary Fiber	3.1 g	11 %
Total Sugars	2.6 g	
Includes Added Sugars	1.2 g	2 %
Polyols	2.6 g	
Sodium	149 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Flatbreads Chilli Garlic

Lower Carbs | 17g protein per Wrap | 29% Protein



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Flatbread	Chilli Garlic	240g x 6 packs /Ctn	255 * 195 * 140	384	9400	8064	360	3900	3240	384	9216

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Bread) 60g		
	Per Serving	% Daily Value*
Energy	215 kcal	11 %
Protein	17.2 g	34 %
Total Fat	9.6 g	14 %
Saturated Fat	2.0 g	10 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Carbohydrate	14.5 g	6 %
Dietary Fiber	3.1 g	11 %
Total Sugars	2.8 g	
Includes Added Sugars	1.2 g	2 %
Polyols	2.5 g	
Sodium	133 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Flatbreads Tomato & Oregano

Lower Carbs | 17g protein per Wrap | 29% Protein



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Flatbread	Tomato & Oregano	240g x 6 packs /Ctn	255 * 195 * 140	384	9400	8064	360	3900	3240	384	9216

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Bread) 60g		
	Per Serving	% Daily Value*
Energy	216 kcal	11 %
Protein	17.2 g	34 %
Total Fat	9.7 g	14 %
Saturated Fat	2.1 g	11 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Carbohydrate	14.5 g	6 %
Dietary Fiber	2.9 g	10 %
Total Sugars	2.6 g	
Includes Added Sugars	1.2 g	2 %
Polyols	2.6 g	
Sodium	135 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Flatbreads Plain Multiseed

Lower Carbs | 17g protein per Wrap | 29% Protein



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Flatbread	Plain Multiseed	240g x 6 packs /Ctn	255 * 195 * 140	384	9400	8064	360	3900	3240	384	9216



World's First Full Range of KETO Bakery

beFIT Keto Bakery by Dofreeze is revolutionizing the world of keto-friendly treats as the first manufacturer to launch a complete keto bakery range. Each product is carefully crafted to align with the low-carb, high-fat ketogenic diet, so you can enjoy your favorite baked goods without breaking your keto goals. Whether you're craving something sweet or savory, beFIT Keto Bakery has you covered with irresistible options that deliver on taste and nutrition.

- ✓ **Best For Weight Loss**
- ✓ **Supports Diabetes Control**
- ✓ **Improves Heart Health**



KETO Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Wrap) 50g		
	Per Serving	% Daily Value*
Energy	133 kcal	7 %
Protein	8.3 g	17 %
Total Fat	5.5 g	8 %
Saturated Fat	1.5 g	8 %
Trans Fat	0 g	
Cholesterol	12 mg	4 %
Total Carbohydrates	2.5 g	1 %
Dietary Fiber	17.6 g	63 %
Total Sugars	0.1 g	
Includes Added Sugars	0.0 g	0 %
Sodium	403 mg	17 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
22.4g - **17.6g** - **2.3g** = **2.5g**
 TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Plain Pita Wrap

Lower Carb Keto | No Wheat Flour | No Sugar Added
 High Fiber | Protein 8g (per Bread) | Low GI



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Plain Pita Wrap	Plain Pita Wrap	200g x 6 Packs/Ctn	330 * 170 * 105	441	9600	8820	399	4150	3591	441	10584

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Wrap) 50g		
	Per Serving	% Daily Value*
Energy	132 kcal	7 %
Protein	8.1 g	16 %
Total Fat	5.3 g	8 %
Saturated Fat	1.4 g	7 %
Trans Fat	0 g	
Cholesterol	11 mg	4 %
Total Carbohydrates	2.7 g	1 %
Dietary Fiber	17.7 g	63 %
Total Sugars	0.1 g	
Includes Added Sugars	0.0 g	0 %
Sodium	383 mg	16 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
22.6g - **17.7g** - **2.2g** = **2.7g**
 TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Brown Pita Wrap

Lower Carb Keto | No Wheat Flour | No Sugar Added
 High Fiber | Protein 8g (per Bread) | Low GI



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto brown Pita Wrap	Brown Pita Wrap	200g x 6 Packs/Ctn	330 * 170 * 105	441	9600	8820	399	4150	3591	441	10584

NUTRITION INFORMATION		
Servings Per Pack: 3		
Serving Size: (1 Brownie) 40g		
	Per Serving	% Daily Value*
Energy	132 kcal	7 %
Protein	5.8 g	12 %
Total Fat	8.8 g	13 %
Saturated Fat	6.8 g	34 %
Trans Fat	0 g	
Cholesterol	35 mg	12 %
Total Carbohydrates	7.1 g	3 %
Dietary Fiber	4.1 g	15 %
Total Sugars	0.3 g	
Includes Added Sugars	0.0 g	0 %
Sodium	136 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
7.1g - **4.1g** = **3.0g**
 TOTAL CARBS FIBER NET CARBS

Keto Brownies

No Wheat Flour | No Sugar Added | High Fiber
 No Palm Oil | Protein 6g (per Serving)



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Brownie	Cocoa Orange	120g (40g x 3pcs) box x12 boxes/ctn	242 * 220 * 138	320	7650	6400	300	3275	2700	320	7680

KETO Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 3 Serving Size: (1 Croissant) 42g		
	Per Serving	% Daily Value*
Energy	157 kcal	8 %
Protein	8.2 g	16 %
Total Fat	11.0 g	16 %
Saturated Fat	6.4 g	32 %
Trans Fat	0 g	
Cholesterol	22 mg	7 %
Total Carbohydrates	12.6 g	5 %
Dietary Fiber	7.8 g	28 %
Total Sugars	0.5 g	
Includes Added Sugars	0.0 g	0 %
Polyols	1.3 g	
Sodium	230 mg	10 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

12.6g - 7.8g - 1.3g =

Each Croissant Contains
3.5g
NET CARBS

Croissants | Butter Croissants Keto Vegan Croissants

No Wheat Flour | No Sugar Added | No Palm Oil
High Fiber | Protein 8g (per Serving)



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Croissant	Real Butter Croissant	42g x 3pcs/box x 8boxes /Ctn	350 * 220 * 228	130	3200	2600	117	1400	1053	130	3120
2	Salute Keto Croissant	Vegan, Butter	40g x 6pcs/box x 6boxes /Ctn	430 * 335 * 180	96	2175	1920	88	960	792	96	2304

NUTRITION INFORMATION		
Servings Per Pack: 4 Serving Size: (1 Bun) 50g		
	Per Serving	% Daily Value*
Energy	141 kcal	7 %
Protein	8.8 g	18 %
Total Fat	6.7 g	10 %
Saturated Fat	5.7 g	29 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	20.4 g	8 %
Dietary Fiber	16.8 g	60 %
Total Sugars	0.2 g	
Includes Added Sugars	0.0 g	0 %
Polyols	1.6 g	
Sodium	256 mg	11 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

20.4g - 16.8g - 1.6g =

Each bun contains
2g
NET CARBS

Burger Buns

No Wheat Flour | No Sugar Added
No Palm Oil | Protein 9g (per Serving)



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Burger Bun	Burger Bun	50g x 4pcs x 6 packs/Ctn	340 * 220 * 160	210	4750	4200	195	2150	1755	210	5040

NUTRITION INFORMATION		
Servings Per Pack: 6 Serving Size: (1 Bread) 35g		
	Per Serving	% Daily Value*
Energy	95 kcal	5 %
Protein	6.5 g	13 %
Total Fat	4.9 g	7 %
Saturated Fat	4.2 g	21 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	14.4 g	6 %
Dietary Fiber	10.4 g	37 %
Total Sugars	0.2 g	
Includes Added Sugars	0.0 g	0 %
Polyols	1.1 g	
Sodium	210 mg	9 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

14.4g - 10.4g - 1.1g =

Each bread contains
2.9g
NET CARBS

Bread Loaves

No Wheat Flour | No Sugar Added | High Fiber
No Palm Oil | Vegan | Protein 6g (per Serving)



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Bread Loaf	Bread Loaf	35g x 6pcs/box x 8boxes / Ctn	398 * 332 * 140	144	3060	2880	135	1325	1215	144	3456

KETO Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Piece) 45g		
	Per Serving	% Daily Value*
Energy	132 kcal	7 %
Protein	7.6 g	15 %
Total Fat	6.2 g	9 %
Saturated Fat	5.1 g	26 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	19.9 g	8 %
Dietary Fiber	15.4 g	55 %
Total Sugars	0.2 g	
Includes Added Sugars	0.0 g	0 %
Polyols	1.7 g	
Sodium	384 mg	16 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

19.9g - 15.4g - 1.7g =

Each bun contains
2.8g
NET CARBS

Focaccia

Lower Carbs | No Wheat Flour | No Sugar Added
No Palm Oil | High Fiber | Protein 8g (per Serving)



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Focaccia	Focaccia	45g x 4pcs/box x 8boxes / Ctn	232 * 244 * 260	180	3850	3600	180	1675	1620	180	4320

NUTRITION INFORMATION		
Servings Per Pack: 9		
Serving Size: (1 Slice) 27.8g		
	Per Serving	% Daily Value*
Energy	85 kcal	4 %
Protein	4.5 g	9 %
Total Fat	4.9 g	7 %
Saturated Fat	3.4 g	17 %
Trans Fat	0 g	
Cholesterol	4 mg	1 %
Total Carbohydrates	9.9 g	4 %
Dietary Fiber	7.7 g	28 %
Total Sugars	0.1 g	
Includes Added Sugars	0.0 g	0 %
Polyols	1.0 g	
Sodium	120 mg	5 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains

8.9g - 6.8g - 0.6g = **1g**
TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Multi Seed Sliced Bread

Lower Carb | No Wheat Flour | No Sugar Added
No Trans Fat | Protein 4g



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Multiseed Sliced Bread	Multiseed Sliced Bread	210g x 8pack/Ctn	405 * 210 * 148	180	4480	3600	168	1950	1512	180	4320

NUTRITION INFORMATION		
Servings Per Pack: 9		
Serving Size: (1 Slice) 21.1g		
	Per Serving	% Daily Value*
Energy	62 kcal	3 %
Protein	3.6 g	7 %
Total Fat	3.2 g	5 %
Saturated Fat	2.6 g	13 %
Trans Fat	0 g	
Cholesterol	4 mg	1 %
Total Carbohydrates	8.2 g	3 %
Dietary Fiber	6.5 g	23 %
Total Sugars	0.1 g	
Includes Added Sugars	0.0 g	0 %
Polyols	0.9 g	
Sodium	98 mg	4 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains

8.2g - 6.5g - 0.9g = **0.8g**
TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Classic Sliced Bread

Lower Carb | No Wheat Flour | No Sugar Added
No Trans Fat | Protein 4g



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Salute Keto Classic Sliced Bread	Classic Sliced Bread	190g x 8pack/Ctn	405 * 210 * 148	180	4480	3600	168	1950	1512	180	4320

KETO Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 12		
Serving Size: (1 Muffin) 60g		
	Per Serving	% Daily Value*
Energy	208 kcal	10 %
Protein	11.4 g	20 %
Total Fat	13.4 g	22 %
Saturated Fat	10.6 g	53 %
Trans Fat	0 g	
Cholesterol	53 mg	18 %
Total Carbohydrates	10.8 g	4 %
Dietary Fiber	6.6 g	24 %
Total Sugars	0.4 g	
Includes Added Sugars	0.0 g	0 %
Sodium	240 mg	12 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains

10.8g - 6.6g = 4.2g
TOTAL CARBS FIBER NET CARBS

Keto Banana Muffin

No Palm | No Sugar Added | High Fiber | Protein 11g

60g Box x 12 pcs



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Muffin	Banana Muffin	60g x12 Pcs/ctn	200 * 192 * 220	330	6650	6000	270	2850	2430	300	7200

NUTRITION INFORMATION		
Servings Per Pack: 12		
Serving Size: (1 Muffin) 60g		
	Per Serving	% Daily Value*
Energy	201 kcal	10 %
Protein	9.0 g	18 %
Total Fat	13.8 g	20 %
Saturated Fat	10.7 g	54 %
Trans Fat	0 g	
Cholesterol	53 mg	18 %
Total Carbohydrates	10.8 g	4 %
Dietary Fiber	7.2 g	26 %
Total Sugars	0.4 g	
Includes Added Sugars	0.0 g	0 %
Sodium	242 mg	10 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains

10.8g - 7.2g = 3.6g
TOTAL CARBS FIBER NET CARBS

Keto Chocolate Muffin

No Palm | No Sugar Added | High Fiber | Protein 9g

60g Box x 12 pcs



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Muffin	Chocolate Muffin	60g x12 Pcs/ctn	200 * 192 * 220	330	6650	6000	270	2850	2430	300	7200

NUTRITION INFORMATION		
Servings Per Pack: 10		
Serving Size: (1 Slice) 35g		
	Per Serving	% Daily Value*
Energy	106 kcal	5 %
Protein	2.3 g	5 %
Total Fat	7.6 g	11 %
Saturated Fat	3.7 g	19 %
Trans Fat	0 g	
Cholesterol	26 mg	9 %
Total Carbohydrates	9.1 g	4 %
Dietary Fiber	8.0 g	29 %
Total Sugars	0.1 g	
Includes Added Sugars	0.0 g	0 %
Sodium	172 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains

9.1g - 8.0g = 1.1g
TOTAL CARBS FIBER NET CARBS

Keto Pound Cake Vanilla / Chocolate

No Wheat Flour | No Sugar Added
No Palm | High Fiber

350g x 12pcs



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Pound cake	Vanilla / Chocolate	350g x 12pcs/Ctn	445 * 220 * 167	130	3450	2600	120	1475	1080	130	3120

KETO Lower Carb Bakery Range

NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Portion) 50g		
	Per Serving	% Daily Value*
Energy	95 kcal	5 %
Protein	12.4 g	25 %
Total Fat	4.3 g	6 %
Saturated Fat	2.4 g	12 %
Trans Fat	0 g	
Cholesterol	73 mg	24 %
Total Carbohydrates	28.2 g	11 %
Dietary Fiber	26.1 g	93 %
Total Sugars	0.0 g	
Includes Added Sugars	0.0 g	0 %
Sodium	397 mg	17 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
8.9g - 6.8g - 0.6g = **3g**
TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Fusilli / Macaroni Pasta

No Wheat Flour | No Sugar Added | High Fiber
Protein 12g (per 50g Portion) | No Artificial Flavours,
Colors or Preservatives

200g x Per Pack



NUTRITION INFORMATION		
Servings Per Pack: 4		
Serving Size: (1 Portion) 50g		
	Per Serving	% Daily Value*
Energy	95 kcal	5 %
Protein	12.4 g	25 %
Total Fat	4.3 g	6 %
Saturated Fat	2.4 g	12 %
Trans Fat	0 g	
Cholesterol	73 mg	24 %
Total Carbohydrates	28.2 g	11 %
Dietary Fiber	26.1 g	93 %
Total Sugars	0.0 g	
Includes Added Sugars	0.0 g	0 %
Sodium	397 mg	17 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
8.9g - 6.8g - 0.6g = **2g**
TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Spinach Fusilli Pasta

No Wheat Flour | No Sugar Added | High Fiber
Protein 12g (per 50g Portion) | No Artificial Flavours,
Colors or Preservatives

200g x Per Pack



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Pasta	Fusilli, Macaroni, Spinach Fusilli Pasta	200g x 12 Pcs/Ctn	493 * 210 * 170	130	3775	2730	120	1400	1080	130	3120

NUTRITION INFORMATION		
Servings Per Pack: 12		
Serving Size: (1 Slice) 17.5g		
	Per Serving	% Daily Value*
Energy	55 kcal	3 %
Protein	3.0 g	6 %
Total Fat	2.6 g	4 %
Saturated Fat	1.9 g	10 %
Trans Fat	0 g	
Cholesterol	5 mg	2 %
Total Carbohydrates	8.1 g	3 %
Dietary Fiber	6 g	21 %
Total Sugars	0.0 g	
Includes Added Sugars	0.0 g	0 %
Sodium	29 mg	1 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Each slice contains
8.1g - 6.0g - 0.8g = **1.3g**
TOTAL CARBS FIBER GLYCEROL NET CARBS

Keto Pizza Base (Made with Coconut Oil)

1 Slice Contains | No Wheat Flour | No Sugar Added
High Fiber | Protein 3g

210g x Per Pack



Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Befit Keto Pizza Base	Pizza Base	210g x 8 boxes /Ctn	300 * 265 * 255	144	3270	3024	128	1330	1152	144	3456



PROTEIN **BLAST**

DISCOVER THE NEW GENERATION
OF PROTEIN BARS





Our Snack - Sized Protein Blast

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	185 kcal	9 %
Protein	15.0 g	30 %
Total Fat	8.9 g	13 %
Saturated Fat	4.0 g	20 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Carbohydrates	14.4 g	6 %
Dietary Fiber	2.9 g	10 %
Total Sugars	1.0 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	11.8 g	0 %
Sodium	178 mg	7 %

Crunchy Peanut Butter Protein Bar

15g (33%) Protein | No Added Sugar
185 Cal per bar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	165 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.0 g	9 %
Saturated Fat	3.0 g	15 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Carbohydrates	16.3 g	6 %
Dietary Fiber	3.3 g	7 %
Total Sugars	0.9 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	13.9 g	0 %
Sodium	103 mg	5 %

Mango Sticky Rice with Coconut Protein Bar

15g (33%) Protein | No Added Sugar
185 Cal per bar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	165 kcal	8 %
Protein	15.0 g	30 %
Total Fat	5.9 g	8 %
Saturated Fat	3.3 g	17 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Carbohydrates	17.1 g	7 %
Dietary Fiber	2.8 g	10 %
Total Sugars	0.8 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	14.7 g	0 %
Sodium	113 mg	5 %

Speculoos Yogurt Cheesecake Protein Bar

15g (33%) Protein | No Added Sugar
185 Cal per bar



45g x 3pcs



45g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft RF Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
	BEFIT BRAND				BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Bar	Mango Sticky rice with Coconut Crunchy Peanut Butter Speculoos Yogurt Cheesecake	45g x 12pcs box x6boxes /Ctn	250 * 182 * 205	264	6025	5280	240	2580	2160	264	6336
2	Protein Bar	Mango Sticky rice with Coconut Crunchy Peanut Butter Speculoos Yogurt Cheesecake	45g x 3pcs box x12 boxes /Ctn	330 * 167 * 135	336	7600	6720	315	3370	2835	336	8064



PROTEIN Cake Bar

Antioxidant Rich | No Added Sugar | High Protein

Black Forest Cake Bar

beFIT
LIFESTYLE

PROTEIN

Black Forest Cake Bar

15g (33%) Protein
No added sugar
Total sugar < 1g - 150 Cal per bar

3 PACKS

**Fuel Your Day,
the beFIT Way!**



Our Snack - Sized Protein Cake Bar Range

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	148 kcal	7 %
Protein	15.0 g	30 %
Total Fat	5.8 g	8 %
Saturated Fat	4.3 g	22 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	18.3 g	7 %
Dietary Fiber	1.9 g	7 %
Total Sugars	0.7 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	15.3 g	
Sodium	152 mg	6 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Acai & Blueberry Cheesecake Protein Cake Bar

15g (33%) Protein | Total sugar < 1g
150 Cal per bar | Marine Collagen 5%
No added sugar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	150 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.1 g	9 %
Saturated Fat	4.4 g	22 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	18.2 g	7 %
Dietary Fiber	1.7 g	6 %
Total Sugars	0.8 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	15.2 g	
Sodium	156 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ginger & Lemon Cheesecake Protein Cake Bar

15g (33%) Protein | Total sugar < 1g
150 Cal per bar | Marine Collagen 5%
No added sugar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	150 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.0 g	9 %
Saturated Fat	4.4 g	22 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	18.3 g	7 %
Dietary Fiber	1.9 g	7 %
Total Sugars	0.8 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	15.2 g	
Sodium	160 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Strawberry Cheesecake Flavour Protein Cake Bar

15g (33%) Protein | No added sugar
Total sugar < 1g | 150 Cal per bar



45g x 3pcs



45g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Cake Bars	Acai & Blueberry Cheesecake, Ginger & Lemon Cheesecake, Strawberry Cheese cake	45g x12pcs box x 6 boxes /Ctn	315 * 208 * 252	180	4350	3600	162	1900	1458	180	4320
2	Protein Cake Bars	Acai & Blueberry Cheesecake, Ginger & Lemon Cheesecake, Strawberry Cheese cake	135g(45g x 3) x12boxes/Ctn	300 * 167 * 135	368	8300	7360	345	3650	3105	368	8832



Our Snack - Sized Protein Cake Bar Range

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	150 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.0 g	9 %
Saturated Fat	4.4 g	22 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	18.2 g	7 %
Dietary Fiber	1.9 g	7 %
Total Sugars	0.7 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	15.0 g	
Sodium	161 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Black Forest Protein Cake Bar

15g (33%) Protein | No added sugar
Total sugar < 1g | 150 Cal per bar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	150 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.3 g	9 %
Saturated Fat	4.6 g	23 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	17.9 g	7 %
Dietary Fiber	2.0 g	7 %
Total Sugars	0.7 g	0 %
Includes Added Sugars	0.0 g	0 %
Polyols	14.6 g	
Sodium	162 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Chocolate Fudge Brownie Protein Bar

15g (33%) Protein | No added sugar
Total sugar < 1g | 150 Cal per bar



45g x 3pcs



45g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 3		
Serving Size: (1 Bar) 45g		
	Per Serving	% Daily Value*
Energy	150 kcal	8 %
Protein	15.0 g	30 %
Total Fat	6.0 g	9 %
Saturated Fat	4.4 g	22 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	18.3 g	7 %
Dietary Fiber	1.9 g	7 %
Total Sugars	0.8 g	0 %
Includes Added Sugars	0.0 g	0 %
Sodium	160 mg	7 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Pistachio Flavour Protein Cake Bar

15g (33%) Protein | No added sugar
Total sugar < 1g | 150 Cal per bar



45g x 3pcs



45g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Cake Bars	Black Forest/Chocolate Fudge Brownie/Pistachio	45g x12pcs box x 6 boxes /Ctn	315 * 208 * 252	180	4350	3600	162	1900	1458	180	4320
2	Protein Cake Bars	Black Forest/Chocolate Fudge Brownie/Pistachio	135g(45g x 3) x12boxes/Ctn	300 * 167 * 135	368	8300	7360	345	3650	3105	368	8832



PERFORMANCE BAR

Boosted with Caffeine



NUTRITION INFORMATION

Servings Per Pack: 1
Serving Size: (1 Bar) 45g

	Per Serving	% Daily Value*
Energy	165 kcal	8 %
Protein	2.2 g	4 %
Total Fat	4.9 g	7 %
Saturated Fat	3.4 g	17 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	30.1 g	12 %
Dietary Fiber	4.3 g	15 %
Total Sugars	18.6 g	36 %
Includes Added Sugars	18.2 g	36 %
Sodium	0 mg	0 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Choco Orange Energy Bar with Caffeine

Dates - Honey - Oats - Cocoa | No Refined Sugar
Gluten Free | Boosted With Caffeine



45g x 12pcs

NUTRITION INFORMATION

Servings Per Pack: 1
Serving Size: (1 Bar) 45g

	Per Serving	% Daily Value*
Energy	175 kcal	9 %
Protein	2.7 g	5 %
Total Fat	6.7 g	10 %
Saturated Fat	3.8 g	19 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Total Carbohydrates	28.0 g	11 %
Dietary Fiber	3.8 g	14 %
Total Sugars	18.7 g	27 %
Includes Added Sugars	18.3 g	36 %
Sodium	78 mg	3 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Peanut Butter Energy Bar with Caffeine

Dates - Peanut Butter - Honey - Oats | No Refined Sugar
Gluten Free | Boosted With Caffeine



45g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Performance Bar	Choco Orange/ Peanut Butter	45g x 12pcs box x 6 boxes /Ctn	285 * 187 * 168	260	6200	5200	240	2750	2160	260	6240



Collagen Boost Bar

All Natural



NUTRITION INFORMATION			
Servings Per Pack: 1			
Serving Size: (1 Bar) 45g			
	Per Serving		% Daily Value*
Energy	169	kcal	8 %
Protein	5.8	g	12 %
Total Fat	5.4	g	8 %
Saturated Fat	3.9	g	20 %
Trans Fat	0	g	
Cholesterol	0	mg	0 %
Total Carbohydrates	26.1	g	10 %
Dietary Fiber	3.4	g	12 %
Total Sugars	19.1	g	
Includes Added Sugars	18.7	g	37 %
Sodium	12	mg	1 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Acai & Banana Bar with Collagen

Marine Collagen 5g | Dates - Honey - Oats - Acai - Chia
No Refined Sugar | Gluten Free



45g x 12pcs

NUTRITION INFORMATION			
Servings Per Pack: 1			
Serving Size: (1 Bar) 45g			
	Per Serving		% Daily Value*
Energy	167	kcal	8 %
Protein	6.1	g	12 %
Total Fat	4.9	g	7 %
Saturated Fat	3.3	g	17 %
Trans Fat	0	g	
Cholesterol	0	mg	0 %
Total Carbohydrates	26.3	g	10 %
Dietary Fiber	3.4	g	12 %
Total Sugars	18.5	g	
Includes Added Sugars	18.1	g	36 %
Sodium	12	mg	1 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Honey & Almond Bar with Collagen

Marine Collagen 5g | Dates - Honey - Almonds - Oats
No Refined Sugar | Gluten Free



45g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Collagen Boost Bar	Almond & Honey / Acai & Banana	45g x12pcs box x 6 boxes /Ctn	285 * 187 * 168	260	6200	5200	240	2750	2160	260	6240



Soft - Baked Bars



NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 35g		
	Per Serving	% Daily Value*
Energy	135 kcal	7 %
Protein	1.4 g	3 %
Total Fat	6.5 g	9 %
Saturated Fat	2.9 g	15 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	22.6 g	9 %
Dietary Fiber	4.2 g	15 %
Total Sugars	0.9 g	
Includes Added Sugars	0.0 g	0 %
Polyols	7.4 g	
Sodium	61 mg	3 %

Carrot & Cinnamon Soft Baked Cereal Bar

Vegan | No Added Sugar
High Fiber | Real Carrot Bits
Free Gluten milk Eggs



35g x 3pcs



35g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 35g		
	Per Serving	% Daily Value*
Energy	135 kcal	7 %
Protein	1.5 g	3 %
Total Fat	6.8 g	10 %
Saturated Fat	3.0 g	15 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	22.1 g	9 %
Dietary Fiber	4.2 g	15 %
Total Sugars	0.5 g	
Includes Added Sugars	0.0 g	0 %
Polyols	7.4 g	
Sodium	60 mg	3 %

Choco Orange Soft Baked Cereal Bar

Vegan | No Added Sugar
High Fiber | Free Gluten milk Eggs



35g x 3pcs



35g x 12pcs

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Bar) 35g		
	Per Serving	% Daily Value*
Energy	135 kcal	7 %
Protein	1.3 g	3 %
Total Fat	6.7 g	10 %
Saturated Fat	3.0 g	15 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	22.4 g	8 %
Dietary Fiber	4.0 g	14 %
Total Sugars	0.6 g	
Includes Added Sugars	0.0 g	0 %
Polyols	7.4 g	
Sodium	59 mg	3 %

Banana Soft Baked Cereal Bar

Vegan | No Added Sugar
High Fiber | Free Gluten milk Eggs



35g x 3pcs



35g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Soft-Baked Bars	Carrot & Cinnamon/ Choco Orange Banana Flavoured	105g(35gx3) x12boxes/Ctn	235 * 145 * 132	578	14750	12138	510	5850	4590	578	13872
2	Soft-Baked Bars	Carrot & Cinnamon/ Choco Orange Banana Flavoured	420g(35gx12) x6boxes/Ctn	375 * 167 * 155	252	5800	5040	234	2550	2160	252	6248

Sugar Free Cakes

NUTRITION INFORMATION			
Servings Per Pack: 2			
Serving Size: (1 Cake) 23g			
	Per Serving		% Daily Value*
Energy	82 kcal		4 %
Protein	1.5 g		3 %
Total Fat	4.2 g		6 %
Saturated Fat	2.0 g		10 %
Trans Fat	0 g		
Cholesterol	14 mg		5 %
Total Carbohydrates	12.1 g		5 %
Dietary Fiber	1.5 g		5 %
Total Sugars	0.2 g		
Includes Added Sugars	0.0 g		0 %
Sodium	88 mg		4 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vanilla and Lemon Sugar Free Cakes

15g (33%) Protein | Total sugar < 1g
150 Cal per bar | Marine Collagen 5%
No added sugar



46g x 4pcs



46g x 24 Packs

NUTRITION INFORMATION			
Servings Per Pack: 2			
Serving Size: (1 Cake) 23g			
	Per Serving		% Daily Value*
Energy	82 kcal		4 %
Protein	1.5 g		3 %
Total Fat	4.2 g		6 %
Saturated Fat	2.0 g		10 %
Trans Fat	0 g		
Cholesterol	14 mg		5 %
Total Carbohydrates	12.3 g		5 %
Dietary Fiber	1.5 g		5 %
Total Sugars	0.2 g		
Includes Added Sugars	0 g		0 %
Polysols	5.1 g		
Sodium	88 mg		4 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Marble Sugar Free Cakes

15g (33%) Protein | Total sugar < 1g
150 Cal per bar | Marine Collagen 5%
No added sugar



46g x 4pcs



46g x 24 Packs

Gluten Free Cakes

NUTRITION INFORMATION			
Servings Per Pack: 2			
Serving Size: (1 Cake) 23g			
	Per Serving		% Daily Value*
Energy	86 kcal		4 %
Protein	0.8 g		2 %
Total Fat	4.2 g		6 %
Saturated Fat	2.1 g		11 %
Trans Fat	0 g		
Cholesterol	13 mg		4 %
Total Carbohydrates	13.1 g		5 %
Dietary Fiber	1.7 g		6 %
Total Sugars	4.0 g		
Includes Added Sugars	3.8 g		8 %
Polysols	2.4 g		
Sodium	62 mg		3 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Banana Gluten Free Cakes

15g (33%) Protein | No added sugar
Total sugar < 1g | 150 Cal per bar



46g x 4pcs



46g x 24 Packs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Cakes	Vanilla & Lemon, Marble Sugar Free, Banana Gluten Free	46g x 4pcs 4Packs x 12 Boxes	435 * 205 * 160	168	3960	3360	156	1760	1404	168	4032
2	Cakes	Vanilla & Lemon, Marble Sugar Free, Banana Gluten Free	46g x 24Packs	205 * 305 * 115	380	7900	7600	360	3550	3240	380	9120



Protein Keto Brownie

NUTRITION INFORMATION		
Servings Per Pack: 1		
Serving Size: (1 Brownie) 40g		
	Per Serving	% Daily Value*
Energy	131 kcal	7 %
Protein	10.0 g	20 %
Total Fat	7.1 g	10 %
Saturated Fat	5.9 g	30 %
Trans Fat	0 g	
Cholesterol	0 mg	0 %
Total Carbohydrates	13.6 g	5 %
Dietary Fiber	4.4 g	16 %
Total Sugars	0.5 g	
Includes Added Sugars	0.0 g	0 %
Polyols	7.6 g	
Sodium	115 mg	5 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Protein Keto Brownie With Chocolate Chips

10g (25%) Protein | + Marine Collagen
Total sugar 0.5g | 131 Cal per brownie
No added sugar | High Fiber

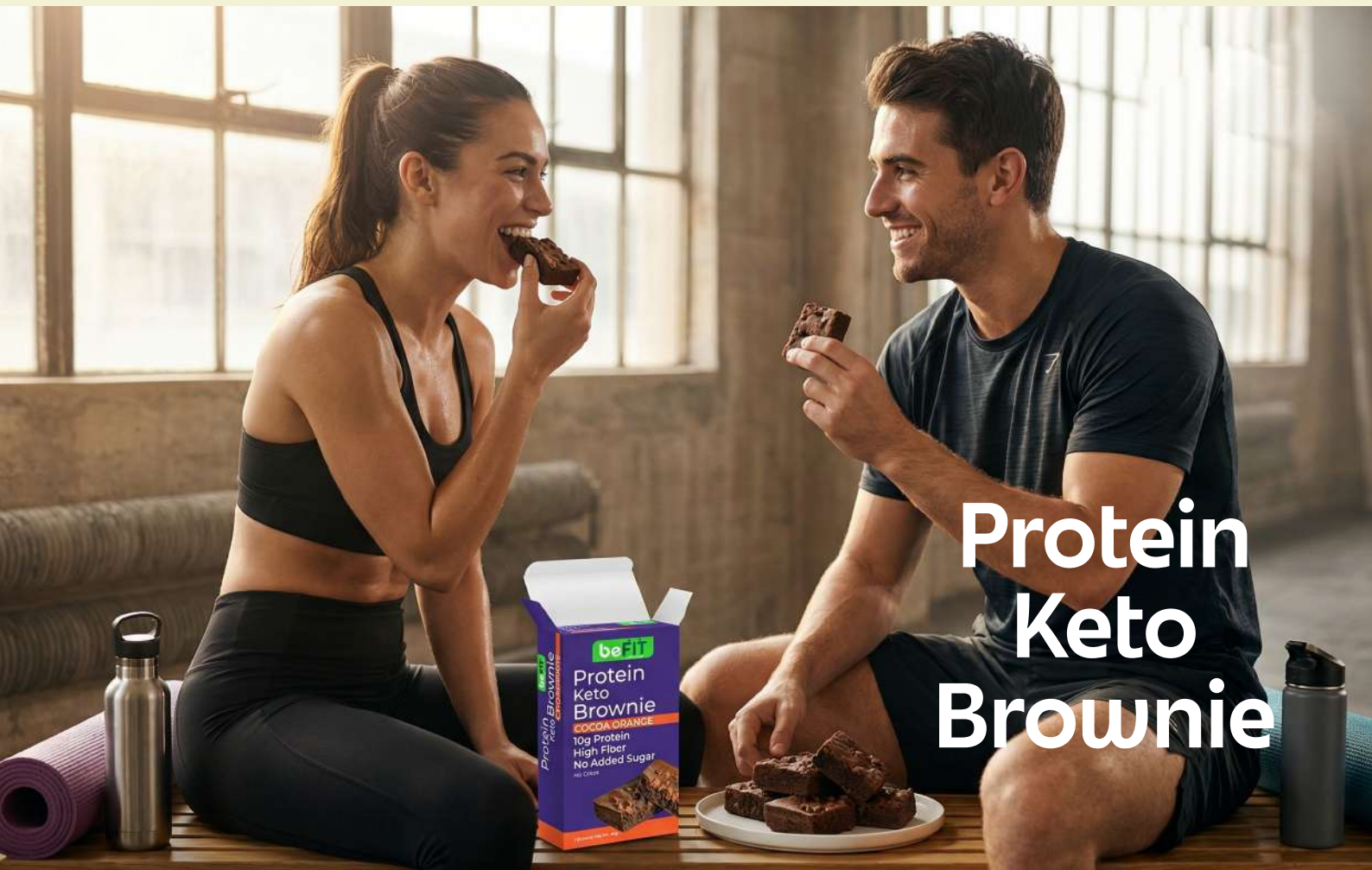


40g x 12pcs
(Close Box)



40g x 12pcs

Sr	Product	Variants	Packaging	Carton Dimensions (mm)	Ctns per Pallet for 40ft Rf Cntr	No of Ctns in 40ft Reefer Loose Loading	No of Ctns in 40ft Reefer Pallet Loading	Ctns per Pallet for 20ft RF Cntr	No of Ctns in 20ft Reefer Loose Loading	No of Ctns in 20ft Reefer Pallet Loading	Ctns per Pallet for 40ft RF Truck	No of Ctns in 40ft Reefer Pallet Loading
					BY SEA CONTAINERS			BY SEA CONTAINERS			By Road Truck	
1	Protein Keto Brownie	Cocoa Orange	40g x 12pcs/box x 4 boxes /Ctn	330 * 310 * 135	204	4100	4080	180	1800	1620	204	4896





Awards Won By Our Protein Bars



2024, London, UK



2024, Shanghai, China

Manufactured by



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